

A.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

	Per 2 Tablets		Per Day (6 Tablets)	
	Amount	% Daily Value	Amount	% Daily Value
Vitamin A (from fish liver oil & 85% as beta carotene from red palm)	4,467 IU	89%	13,400 IU	268%
Vitamin C (as ascorbic acid, potassium ascorbate & calcium ascorbate)	233 mg	389%	700 mg	1,167%
Vitamin D (from fish liver oil)	133 IU	33%	400 IU	100%
Vitamin E (as <i>d</i> -alpha tocopheryl succinate & mixed tocopherols)	63 IU	211%	190 IU	633%
Vitamin K (as phyloquinone)	33 mcg	42%	100 mcg	125%
Thiamin (as thiamin HCl)	8 mg	556%	25 mg	1,667%
Riboflavin (as riboflavin & riboflavin 5' phosphate)	8 mg	490%	25 mg	1,471%
Niacin (as inositol hexaniacinate & nicotinic acid)	35 mg	175%	105 mg	525%
Vitamin B6 (as pyridoxine HCl & pyridoxal 5'phosphate)	10 mg	500%	30 mg	1,500%
Folate	133 mcg	33%	400 mcg	100%
Vitamin B12 (as methylcobalamin)	100 mcg	1,667%	300 mcg	5,000%
Biotin	100 mcg	33%	300 mcg	100%
Pantothenic Acid (as calcium pantothenate & pantethine)	35 mg	350%	105 mg	1,050%
Calcium (as calcium carbonate, calcium amino acid chelate, coral calcium powder, calcium citrate)	333 mg	33%	1000 mg	100%
Iodine (from kelp)	57 mcg	38%	170 mcg	113%
Magnesium (as magnesium oxide, magnesium citrate, magnesium amino acid chelate, magnesium aspartate)	133 mg	33%	400 mg	100%
Zinc (as zinc monomethionine chelate)	8 mg	56%	25 mg	167%
Selenium (as L-selenomethionine)	67 mcg	95%	200 mcg	286%
Copper (as copper amino acid chelate)	0.5 mg	25%	1.5 mg	75%
Manganese (as manganese amino acid chelate)	1.3 mg	67%	4 mg	200%
Chromium (as chromium polynicotinate & chromium amino acid chelate)	67 mcg	56%	200 mcg	167%
Molybdenum (as molybdenum amino acid chelate)	40 mcg	53%	120 mcg	160%
Choline (as choline bitartrate)	17 mg	*	50 mg	*
Inositol	17 mg	*	50 mg	*
Para-aminobenzoic Acid (PABA)	8 mg	*	25 mg	*
Boron (as boron amino acid chelate)	0.33 mg	*	1 mg	*
Vanadium (as vanadyl sulfate)	13 mcg	*	40 mcg	*
Coenzyme Q10	0.67 mg	*	2 mg	*

Alpha Lipoic Acid	5 mg	*	15 mg	*
Lycopene Concentrate 10%	2 mg	*	7 mg	*
Standardized Bilberry Leaf Extract	10 mg	*	30 mg	*
Anthocyanidins	2.5 mg	*	7.5 mg	*
Standardized Milk Thistle Seed Extract	17 mg	*	50 mg	*
Silymarin	13 mg	*	40 mg	*
Standardized Grape Seed Extract	3.3 mg	*	10 mg	*
Proanthocyanidins	3.2 mg	*	9.5 mg	*
Lutein	2 mg	*	6 mg	*
Standardized Turmeric Root Extract	17 mg	*	50 mg	*
Black Pepper Extract of Piperine [†]	1.7 mg	*	5 mg	*
Standardized Aloe Vera Leaf Gel 200:1 Concentrate	2.3 mg	*	7 mg	*
IT'S VITAL™ Proprietary Blend	350 mg	*	1051 mg	*

Green flowering oat straw, methylsulfonylmethane, citrus bioflavonoid complex, stevia leaf powder, astragalus root, wheat grass powder, Spirulina, artichoke leaf powder, broccoli powder, dandelion root, Cassia bark, ginger root, d-ribose, Rhodiola root, rutin, hesperidin, cranberry juice powder, parsley leaf powder, bromelain, papain, dulse powder, clove powder, peppermint essential oil, standardized Ginkgo biloba leaf extract, spearmint essential oil.

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, croscarmellose sodium, vegetable stearic acid, food glaze, silicon dioxide, vegetable magnesium stearate,

B.

DISTRIBUTED EXCLUSIVELY BY:

IT Works Marketing, Inc.
Grand Rapids, MI 49508
(Phone Number)

www.itworksmarketing.com

C.

ADULT DIRECTIONS: Keep lid tightly closed and out of the reach of children. Not for pregnant or nursing women. Not for children under 14 years of age. Take up to a maximum of 2 tablets, 3 times a day with meals with sufficient liquid for swallowing—or you may take fewer tablets, as directed by your health care practitioner. From 1 to 6 tablets may be consumed daily, depending on an individual's dietary needs.

D.

IT'S VITAL™ is a state-of-the-art dietary supplement with 77 different forms of vitamins, minerals, trace minerals, antioxidants, phytonutrient concentrates, botanicals and essential oils, in an easy-to-swallow, pleasantly herbal scented tablet, that is quick dissolving, and with no unpleasant vitamin-like aftertaste or odor. [†] Bioperine® is a patented piperine black pepper extract that enhances bioavailability. Bioperine® is a registered trademark of Sabinsa Corporation.

Lot #

Expiration Date

E.

IT WORKS MARKETING, INC.

IT'S VITAL™
ADVANCED MULTI VITAMIN-MINERAL,
ANTIOXIDANT, GREENS & PHYTONUTRIENT

DIETARY SUPPLEMENT

- **No Added Iron**
- **Active Coenzymes**
- **Pleasant Herbal Scent**

90 Tablets